A group of five children of various ages are smiling and looking towards the camera. They are positioned in a cluster, with a young girl in a blue shirt in the foreground, and others behind her. The background is a bright blue sky with scattered white clouds. The children are wearing colorful t-shirts: green, yellow, red, and orange.

# ***Children's Psychology***

# First stage from birth to 2 years

**Trust** vs. **Mistrust**  **Hope**

.



# Stage 2 from 2-6 years

**Autonomy** vs. **Shame and Doubt** → **Will**



# Stage 3 from 6 to 9 years

**Initiative** vs. **Guilt** → **Determination**



**Encourage their initiative acts not the accuracy.**

# Stage 4 from 9-13 years

**Achievement** vs. **Inferiority** → **Efficiency**





# Engagement



# Unconditioned Love

- + It is not that “I love you because”, but **“I love you no matter what”**  
“I love you inspite of”
- + It is **not** about being **“good”** or **“bad”**, it is a different issue  
**“I am beloved”**
- + knowing that I am beloved is part of my **self-image**, that affects my **performance**. "کما شعر فی نفسہ ہکذا هو"
- + The child who is loved will feel;  
I am beloved so **I am worthy of love**





# Needs for Healthy Psychological development:

- + Feeling Safe and secure.
- + Unconditioned love and acceptance.
- + Positive self-esteem.
- + Secure attachment to parents (belonging)
- + Feeling Special (discovering their abilities & talents).
- + Being understood. (Do not interpret them wrongly)
- + Ability to communicate and build fruitful relationships
- + Taking self responsibility.
- + Achievement and success.



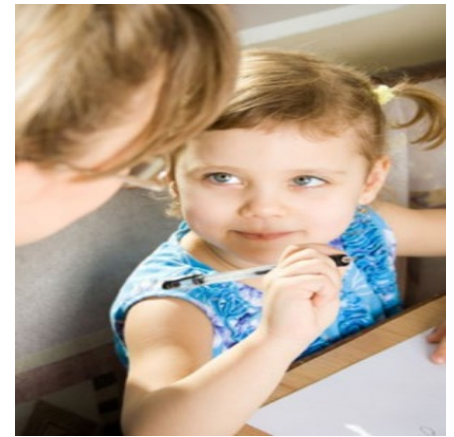
## Engagement

### Consider:

- Their attention span.
- Needs to feel belonging and significant.
- They thrive on Encouragement
- They are slow learners, forgets easily, needs repetition.
- Tends to learn by memorizing and hands on activities.
- Likes to assert themselves. Wants to be first, best, biggest and to win.



## Discipline



- + It is the age of discipline.
- + What does discipline mean ?
- + Opportunity for training, healing and development.
- + Remember when you were their age! No one is perfect.
- + Do not judge or label the child or make sarcastic remarks. They cannot handle criticism. They need encouragement rather than punishment.
- + If you take it personally you will react instinctively or defensively.
- + Your response affects the results.



# What *they want to say* by their behaviour?

Notice the thoughts behind the behavior.

Need of Belonging and significance--behind ---  
Mistaken behavior

**1- Attention.**

**2- Power.**

**3-Revenge.**

**4- Inadequacy.**



## Tools

- + **Connecting before correcting** (Validate their feelings)
- + **Be kind and firm.**
- + **Set clear rules and help them follow it.**
- + **Telling vs Asking.** (Let improvement be his aim not only yours).
- + **Focus on solutions not on blame.**
- + **Focus on cooperation.**
- + **Encourage**
- + **Teach social & life skills.**



# Design a comprehensive plan:

- 1- Prevent the bad behaviour if possible.
- 2- Encourage +ve behaviour or any step towards it.  
( Catch them being good ).
- 3- Consequences:

Help them **overcome their weakness.**

*Praise the honest trials and thank them for their effort.*

# Conditions:

- + Explain and warn.
  - + Consistency.
  - + 5/1 rule
- + Appropriate to the misbehaviour.
- + Small and eligible
- + Have a positive role (Clean the mess-do a research-Learn verses or psalms. .
- + Let them choose one of two consequences.
- + Do not use feelings or physical pain.
- + No binding of misbehaviour with child's self.
- + It is not revenge. Do not transfer your anger.
- + Body language.
- + Both parents agreement.



# How to encourage them to listen in church?

- + Be a row model.
- + Preparer the day before.
- + Let them pray what they know.
- + Bring easy read Bible and **خولاجى**.
- + Draw what you see or hear.
- + Teach them that they can learn about God if they listen.
- + Ask questions after service.
- + Be positive & encourage them.
- + Taking notes in a special notebook/ Thank you God notebook.
- + Teach them that they can find out the answers to their questions and their problems from God's Word.



- **Listen carefully throughout the church service for these words. Put a mark beside each word every time you hear it.**

Which words were said the most? Which were said the least? Did you hear some words only in songs or only in the sermon? Take notes throughout the service on the side and the back of this page.

+ God /Jesus/ peace/ Father /Holy/ cross /pray /worship/  
Heavenly/ created /love /Lamb

+ Jesus/ sing/ Amen/ Gospel/ sin/ resurrection/ disciples/  
Genesis/ children /miracle /pray /sacrifice

+ Savior/ creation/ Paul/ Jesus/ Scripture/ pray/ New Testament/  
blessing/ Israelites/ Adam/ soul/ heart

